

# MODULE 1

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# SPIRITUAL PLANNING

# MODULE INTRODUCTION

**W**elcome to the first module of this discipleship program. You are on the first leg of a journey towards a deeper relationship with Jesus. If I may be so bold, you will not regret the lifestyle changes you are about to make over the next weeks and months.

Within this first module, you will wrestle with what it looks like to live with clear direction in your spiritual life. Just to warn you, you will probably both love and hate this topic because it challenges personalities, belief systems, and lifestyles. Because of these challenges, and because this topic is critical to building a foundation of prayer, this first month is entirely focused on praying and processing through every *hindrance* to building a prayer schedule.

You must work through the hindrances—otherwise, the rest of the program will be frustrating and won't impact you as much. Freely process with your Discipleship Mentor and take your prayer times seriously so you can get a foundation of clarity that will benefit you for the rest of your life. Those who are intentional in their relationship with God grow so much more quickly than those who aren't.

The tangible goals of this module are to develop a weekly prayer schedule, create a prayer list, and decide your direction in Bible study and meditation. You will also identify lies and sin issues God wants to heal during this season. The clarity and the basic plan you develop during this month will become the foundation for your long-term prayer life.

Are you ready to jump in?

## **ASSIGNMENT OVERVIEW**

### **MODULE 1 – SPIRITUAL PLANNING**

#### **Week One Assignments:**

##### **(To be completed before your first Discipleship meeting)**

- Read Chapter 1 – “*Called to Go Deeper.*” Journal your thoughts and questions about the chapter.
- Come prepared to share your life story and *why* you want to grow in God in this season.
- Complete the Consecration Assignment and discuss at your discipleship meeting.
- Meet with your Discipleship Mentor.***

#### **Week Two Assignments:**

- Read Chapter 2 – “*Intentional Spiritual Living.*” Journal your thoughts and questions about the chapter.
- Fill out the *Spiritual Pursuits Document* with rough draft answers (direction, simple plans, and a prayer schedule).
- Write down your three main questions from Chapter two for this week’s discipleship meeting.
- Meet with your Discipleship Mentor.***

### **Week Three Assignments:**

- Read Chapter 3 – “*Challenges with Intentionality.*” Journal your thoughts and questions about the chapter.
- After reading the chapter, identify and write down challenges you have with completing or having a prayer schedule. Take time to process these challenges with God this week.
- Continue working on the *Spiritual Pursuits Document* as needed.
- Meet with your Discipleship Mentor.*

### **Week Four Assignments:**

- Read Chapter 4 – “*Prayer List.*” Journal your thoughts and questions about the chapter.
- Bring your completed prayer list to this week’s discipleship meeting.
- Finalize the *Spiritual Pursuits Document* if you haven’t already.
- Continue following your weekly prayer schedule.
- Meet with your Discipleship Mentor.*

## ***SPIRITUAL PURSUITS***

***DATE:*** \_\_\_\_\_

1. **Bible reading direction and plan**

(Write down what you will read and when you will read it):

2. **Meditation verse** (Choose a verse that speaks truth into your heart issue):

3. **Sin/character issue from which to get freedom:**

4. **Lie from which to pursue deliverance:**

5. **Gifts to pursue** (Include simple ways you can pursue it):

6. **Weekly Prayer Schedule**—Write down your plan for the *specific times* you are committed to spending with God each day, and *what specifically you plan to do during those times*. Include what your study or meditation focus will be. Refer to the example schedule in Chapter Two. (e.g., Monday 6-6:30 am—Tongues, 6:30-7:30 am—Meditation on Song of Solomon 1:2)

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Sunday**